



Yes!
**You Really
CAN Change**

WHAT DOES IT MEAN?

EPHESIANS 4:17-24

EPHESIANS 4:17 NIV

*¹⁷So I tell you this, and insist on it in the Lord, **that you must no longer live as the Gentiles do, in the futility of their thinking.***

- As believers, our lives must be progressively characterized by moral purity. (Ephesians 4:17-19)
- An immoral lifestyle is inconceivable for two reasons:
 - It contradicts who we are. (Ephesians 4:20)
 - It contradicts who Christ is. (Ephesians 4:21)

You are the greatest Christian that some people will ever meet.
You are the light of the world.

EPHESIANS 4:22-24 NIV

²²You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; ²³to be made new in the attitude of your minds; ²⁴and to put on the new self, created to be like God in true righteousness and holiness.

- We achieve personal purity by following God's three-fold principles of transformation.
 - "Put off"
 - Have our mind renewed
 - "Put on"

MATTHEW 5:29-30 NASB

²⁹If your right eye makes you stumble, tear it out and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to be thrown into hell. ³⁰If your right hand makes you stumble, cut it off and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to go into hell.



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EPHESIANS 4:17-24

ASSIGNMENT

1. Ask yourself how you are doing at renewing your mind. What steps can you take to more consistently put Scripture into your mind?

2. Based on Ephesians 4, what habit, behavior, or attitude do you need to “put off”?

3. Based on Ephesians 4, what behavior do you need to “put on”?

4. **PRAYER:** Ask God to continue to reveal to you the habits, behaviors, and attitudes to put off and put on.

5. **OPTIONAL:** Listen to audiobook excerpt #13.