



*Yes!*  
**You Really  
CAN Change**

**DAY 5**

# WHAT DOES IT MEAN TO ME?

EPHESIANS 4:1-6

**THE COMMAND: Let Jesus live His life through you.**

*As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. (Ephesians 4:1 NIV)*

**THE PROCESS: Practice sacrificial, other-centered relationships.**

*<sup>2</sup>Be completely humble and gentle; be patient, bearing with one another in love.*

*<sup>3</sup>Make every effort to keep the unity of the Spirit through the bond of peace.*

*(Ephesians 4:2-3 NIV)*

**THE REASON: Christ's Church must reflect His character.**

*<sup>4</sup>There is one body and one Spirit—just as you were called to one hope when you were called—<sup>5</sup>one Lord, one faith, one baptism; <sup>6</sup>one God and Father of all, who is over all and through all and in all. (Ephesians 4:4-6 NIV)*

## Why we don't obey:

### 1. Spiritual Ignorance

You need to know who you are in Christ.

### 2. Spiritual Isolation

You need to do life in community.

### 3. Spiritual Myopia

You need to look past our consumer culture to a high view of God.



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## ASSIGNMENT

1. Be honest and ask yourself, what's my biggest issue? Is it spiritual ignorance? Is it spiritual isolation? Is it spiritual myopia?

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2. **PRAYER:** Thank God that when we respond to the light that God gives us, He gives more light. Ask him to help you deal with whatever He is showing you.

3. **OPTIONAL:** Listen to audiobook excerpt #5.