



Yes!
You Really
CAN Change

WHAT DOES IT MEAN?

EPHESIANS 4:1-6

- **Walking worthy begins with deep, other-centered relationships, not spiritual disciplines or activities.**

EPHESIANS 4:1-3 NASB

¹Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, ²with all humility and gentleness, with patience, showing tolerance for one another in love, ³being diligent to preserve the unity of the Spirit in the bond of peace.

- **We don't live FOR God's approval. We live FROM God's approval.**
- **We have to practice sacrificial, other-centered relationships if we want life change.**
- **Christ's Church must reflect His character.**

EPHESIANS 4:4-6 NASB

⁴There is one body and one Spirit, just as also you were called in one hope of your calling; ⁵one Lord, one faith, one baptism, ⁶one God and Father of all who is over all and through all and in all.

ASSIGNMENT

1. If the "therefore" in verse 1 is referring to chapters 1-3, what is our calling that is to be lived out? What does being "in Christ" mean?



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2. Do you experience the attitudes in Ephesians 4:2-3 when you attend a church gathering? If not, what are the implications for you if change is going to occur in your life?

3. PRAYER: Ask God to help you connect more deeply with other believers.

4. OPTIONAL: Listen to audiobook excerpt #4.